

1-Day Workshop

Saturday, May 17, 2025

9:00 a.m. – 4:00 p.m. Registration 8:30 – 9:00

Simi Church of Christ1554 Sinaloa Road, Simi Valley 93065

Donation \$50 (suggested)

- ▶ Continental Breakfast & Hot Lunch
- ▶ Study Guide & Workbook



Al-Anon Mens 4/5/6 Steps Workshop

Next we launched on a course of vigorous action, the first step of which is a personal housecleaning which many of us had never attempted.

Join us for the Al-Anon Men's Steps 4, 5, 6 Workshop, a day dedicated to the central phase of the Twelve Steps. This workshop offers a comprehensive look at the journey of self-appraisal and readiness for change that these steps represent. It's a collective exploration of the transformative principles that guide us from introspection to action.

Engage with fellow seekers in a series of discussions and activities designed to enhance your understanding of the steps as a unified process. The experience is crafted to support men at any point in their recovery, offering tools and perspectives to strengthen the foundation of their ongoing work within Al-Anon's framework.

As part of our workshop series, this event stands independently, yet complements the holistic view of the 12-step program. No prior workshop attendance is required; we welcome anyone who seeks to deepen their recovery journey. You'll leave with a renewed sense of community and readiness to apply the insights gained to your path towards healing and growth.

Register Online Today www.mensworkshops.com







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